

**PUBLIC PROGRAMS**

- Scheduled Recreational Swims
- Adult Lap Swims
- Senior Citizen Programs
- Swimming Lessons (Tots, Preschool, Youth, Adult)
- Water Exercise Programs
- American Red Cross Safety Courses
- Specialized Water Sports Training
- Competitive Team Programs

**UPCOMING EVENTS**

- Jan 12Kentridge High School Swimming Invitational
- Jan 17-20 Washington Open Swimming Invitational
- Jan 26 YMCA State Champs
- Jan 27 PNS Open Water Swimming Invitational
- Feb 2-3 Sea Otters WP International Open
- Feb 8-10 NW Conference Swim Meet
- Feb 15-16 WIAA Boys State HS Swim/Dive Champs
- Feb 17 PNS Distance Swimming Invitational
- Feb 23-24 YMCA Regionals
- Feb 27-Mar 2 PAC-12 Women’s Swimming & Diving Champs
- Mar 3 PAC-12 Last Chance Swimming Invitational
- Mar 9-10 PNS Divisional Championship
- Mar 13-17 Speedo Swimming Champions Series
- Mar 22-24 PNS Age Group Sectional Swimming Champs
- Mar 30 PNA Masters Swimming Triathlon Invitational
- Apr 6-7 Spring Fiesta Water Polo
- Apr 13-14 PNA Masters Championship
- Apr 20 Washington State Special Olympics Regionals
- Apr 21 Tri Freaks Triathlon
- Apr 21 April Pools Day Community Activity Swim



**Weyerhaeuser King County Aquatic Center**  
650 SW Campus Drive, Federal Way, Washington 98023-8425  
Seattle (206) 296-4444 Tacoma (253) 927-5173  
Visit our website at [www.kingcounty.gov/parks](http://www.kingcounty.gov/parks)

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**Winter Schedule**  
**Jan 2 - April 22, 2013**  
Seattle (206) 296-4444  
Tacoma (253) 927-5173

**Recreation Pool**

| Hours           | Monday                   | Tuesday                  | Wednesday                | Thursday                 | Friday                   | Saturday                               | Sunday                                 |
|-----------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--|--|
| 8:00am<br>-9:00 | Maintenance              | Adult/Senior<br>Swim     | Maintenance              | Adult/Senior<br>Swim     | Maintenance              | Special<br>Events<br>and<br>Activities | Special<br>Events<br>and<br>Activities |
| 9:00-<br>10:00  | Low Impact<br>Exercise   | Maintenance              | Low Impact<br>Exercise   | Maintenance              | Low Impact<br>Exercise   |  |  |
| 10:00-<br>11:30 | Lessons                  | Lessons                  | Lessons                  | Lessons                  | Maintenance              | 11:30-1:30<br>Public Swim              | 11:30-1:30<br>Public Swim              |
| 11:30-<br>12:30 | Family Swim<br>**        | Family Swim<br>**        | Family Swim<br>**        | Family Swim<br>**        | Family Swim<br>**        |  |  |
| 12:30-<br>1:30  | Adult/Senior<br>Lap Swim | Adult/Senior<br>Lap Swim | Adult/Senior<br>Lap Swim | Adult/Senior<br>Lap Swim | Adult/Senior<br>Lap Swim | 1:30-Rentals                           | 1:30-Rentals                           |
| 4:30-<br>7:30   | Lessons                  | Lessons                  | Lessons                  | Lessons                  | 4:00-7:00<br>Rentals     |  |  |
| 7:30-<br>8:30   | Public Swim<br>*         | Public Swim<br>*         | Public Swim<br>*         | Public Swim<br>*         | Public Swim<br>*         |  |  |

\* Children younger than 6 years old must each be supervised in the water by an adult within arm’s reach at all times  
\*\* During Family Swims, all children must be accompanied in the water by an adult (one adult per three children)

**SWIMMING LESSONS**

**Morning Sessions (1/2hr, 10:00-11:30am, M/W or T/Th)**

**Evening Session (1/2 hr, 4:30-7:30pm (M/W or T/Th)**

**Monday & Wednesdays**

Jan 7– Feb 6 (AM/PM/ 10 lessons)

Feb 11-March 27 (AM/PM/10 lessons,  
No class on 2/25, 2/27, 3/11, 3/13

**Tuesday & Thursday**

Jan 8 - Feb 7 (AM/10 lessons)  
(PM/8 lessons, no class 1/17)

Feb 12 - March 28 (AM/9 lessons, no class 2/14,  
2/26, 2/28, 3/12, 3/14)  
(PM/8 lessons, additionally no class on 3/21)

**CANCELED SWIMS**

Feb 15-16 (Boys High School State Swim/Dive Meet),  
Feb 27-Mar 2 (PAC12), Apr 20 (Special Olympics)

**TELEPHONE RELAY SERVICE: 711**



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2013 POOL FEES

Competition Natatorium

| Hours       | Monday        | Tuesday       | Wednesday     | Thursday      | Friday        |
|-------------|---------------|---------------|---------------|---------------|---------------|
| 5:30am-8:00 | Lap Swim*     | Lap Swim*     | Lap Swim*     | Lap Swim*     | Lap Swim*     |
| 11:30-1:30  | Lap Swim*     | Lap Swim*     | Lap Swim*     | Lap Swim*     | Lap Swim*     |
| 4:00- 6:30  | Team Training | Team Training | Team Training | Team Training | Team Training |
| 6:30-8:00   | Team Training | Team Training | Team Training | Team Training | Team Training |
| 8:00-10:00  | Team Training | Team Training | Team Training | Team Training | Team Training |

\* To maximize use of the facility, team workouts are scheduled during lap swim times. Lanes for lap swimmers may be limited. The morning Lap Swim is currently in the 25 yard diving tank that is 16-17.5 feet deep. The afternoon Lap Swim is currently in the 25 yard competition pool that is 9-10.5 feet deep. It is intended for lap swimming only. The starting blocks are closed to lap swimmers. Entry into the water must be done in a careful, feet-first manner only. Circle swimming is required in lanes with 3 or more lap swimmers. Participants may be asked to pass a 25 yard swim test to be allowed to swim in the competition pool.

| Canceled Swims: | Events:   |
|-----------------|---|
| Jan 12          | 11:30-1:30 Kentridge HS Invitational                                      |
| Jan 17-20       | all day Washington Open Swimming Invitational                             |
| Jan 26-27       | 11:30-1:30 YMCA Washington State Champs/PNS Open Water Swim               |
| Feb 2-3         | 11:30-1:30 Sea Otters Water Polo International Open                       |
| Feb 8-10        | all day NW Conference Swim Champs   |
| Feb 15-16       | all day WIAA Boys State HS Swim/Dive Champs                               |
| Feb 17          | 11:30-1:30 PNS Distance Swimming Invitational                             |
| Feb 23-24       | 11:30-1:30 YMCA Regionals   |
| Feb 26-Mar 2    | all day PAC12 Women’s Swimming & Diving Champs                            |
| Mar 3           | 11:30-1:30 PAC12 Last Chance Swimming Invitational                        |
| Mar 9-10        | 11:30-1:30 PNS Swimming Divisional Champs                                 |
| Mar 13-17       | all day Speedo Swimming Champions Series                                  |
| Mar 22-24       | all day PNS Age Group Sectional Swimming Champs                           |
| Mar 30          | 11:30-1:30 PNA Masters Swimming Triathlon Invitational                    |
| Apr 6-7         | 11:30-1:30 Spring Fiesta Water Polo                                       |
| Apr 13-14       | 11:30-1:30 US Masters PNA Swimming Champs                                 |
| Apr 20-21       | all day WA Special Olympics/Tri Freaks Triathlon/April Pools Day Activity |

**LESSONS**

Swimming lessons for all abilities are available for students year-round from ages 6 months through senior citizens. Pre-tests are held free of charge to determine proper class level placement. Specialty courses are offered including: CPR, First Aid, Lifeguard Training and Water Safety Instructor training. Private and semi-private lessons are offered on a very limited basis. Please call for the class schedule and registration information.

| GENERAL ADMISSION (Tax Included) |        |   |                                |
|----------------------------------|--------|---|--------------------------------|
| <b>Recreation Pool:</b>          |        | <b>Competition Pool:</b>                    |                                |
| Rec Pool Family Swim**           |        | Comp Pool Lap Swim                          |                                |
| Adults & Youth                   | \$3.25 | Adult & Youth                               | \$5.00                         |
| Senior & People w/Disabilities   | \$3.25 | Sr Citizen (62+) & People w/Disabilities    | \$3.75                         |
| Rec Pool Public Swim**           |        |   |                                |
| Adults & Youth                   | \$3.25 |   |                                |
| Senior & People w/Disabilities   | \$3.25 |   |                                |
| Rec Pool Adult & Senior Lap Swim |        | <b>Low Impact Water Exercise (Rec Pool)</b> |                                |
| Adult                            | \$5.00 | Adult                                       | \$6.25 - 10-visit Card \$56.25 |
| Sr Citizen (62+) & Disabled      | \$3.75 | Sr Citizen (62+)                            | \$4.75 - 10-visit Card \$42.75 |
| Shower                           | \$3.25 |   |                                |

\* Each child younger than 6 yrs old must each be accompanied in the water by an adult  
\*\* All children must be accompanied in the water by an adult during Family Swims (one adult per three children)

| RENTALS   |               |                       |              |
|---|---------------|-----------------------|--------------|
| Great for birthday parties, private groups and business meetings. Scheduled during non-program hours. |               |                       |              |
| Rec Pool, 1-25 people   | \$115.00/hour | Party Room Rental     | \$37.00/hour |
| Rec Pool, 26-60 people  | \$145.00/hour | Lobby Rental          | \$89.00/hour |
|   |               | + staffing & deposits |              |

**POOL PASSES**

Save money while you swim! Swim at least three times per week to save money. Passes make great gifts.

| Type                    | 3 Months     | 1 Year       |
|-------------------------|--------------|--------------|
| Youth (1 year-17 years) | \$107.50+tax | \$312.00+tax |
| Adult                   | \$156.75+tax | \$456.00+tax |
| Family                  | \$275.00+tax | \$650.00+tax |
| Senior Citizen(62+)     | \$107.50+tax | \$273.00+tax |
| Disabled                | \$100.00+tax | \$260.00+tax |

**GIFT CERTIFICATES**

Give the gift of health! Good for any programs.

**TELEPHONE RELAY SERVICE: 711**

